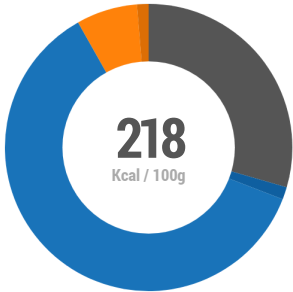


Protein Pizza Dough

By Mauricio Cabrera



CALORIES:

62.4% Carbs

29.5% Protein

8.2% Fat

FOOD LABELLING...

UK Label values per 100g

	PER 100G	%RI	PER 190G SERVING	%RI
Energy(Kj)	921 kJ	11%	1749 kJ	21%
Energy(kcal)	218 kcal	11%	413 kcal	21%
Fat	1.9 g	3%	3.7 g	5%
of which saturates	0.3 g	2%	0.6 g	3%
Carbohydrate	33 g	13%	63 g	24%
of which sugars	0.8 g	1%	1.4 g	2%
Fibre	1.5 g	6%	2.9 g	12%
Protein	16 g	32%	30 g	60%
Salt	1.5 g	25%	2.9 g	48%

CONTAINS:



WHEAT

INGREDIENT LIST (QUID) ...

Flour (43.1%) [**Wheat**, Calcium, Iron, Vitamin B3, Vitamin B1, Vitamin C], Water (41.7%), Protein Vital **Wheat Gluten** (8.7%), Pea Protein Isolate (4.4%), Salt (1.4%), Olive Oil (0.71%), Bakers Yeast (0.05%) (**Wheat**)

ALLERGY ADVICE: For allergens, see ingredients in **Bold**